

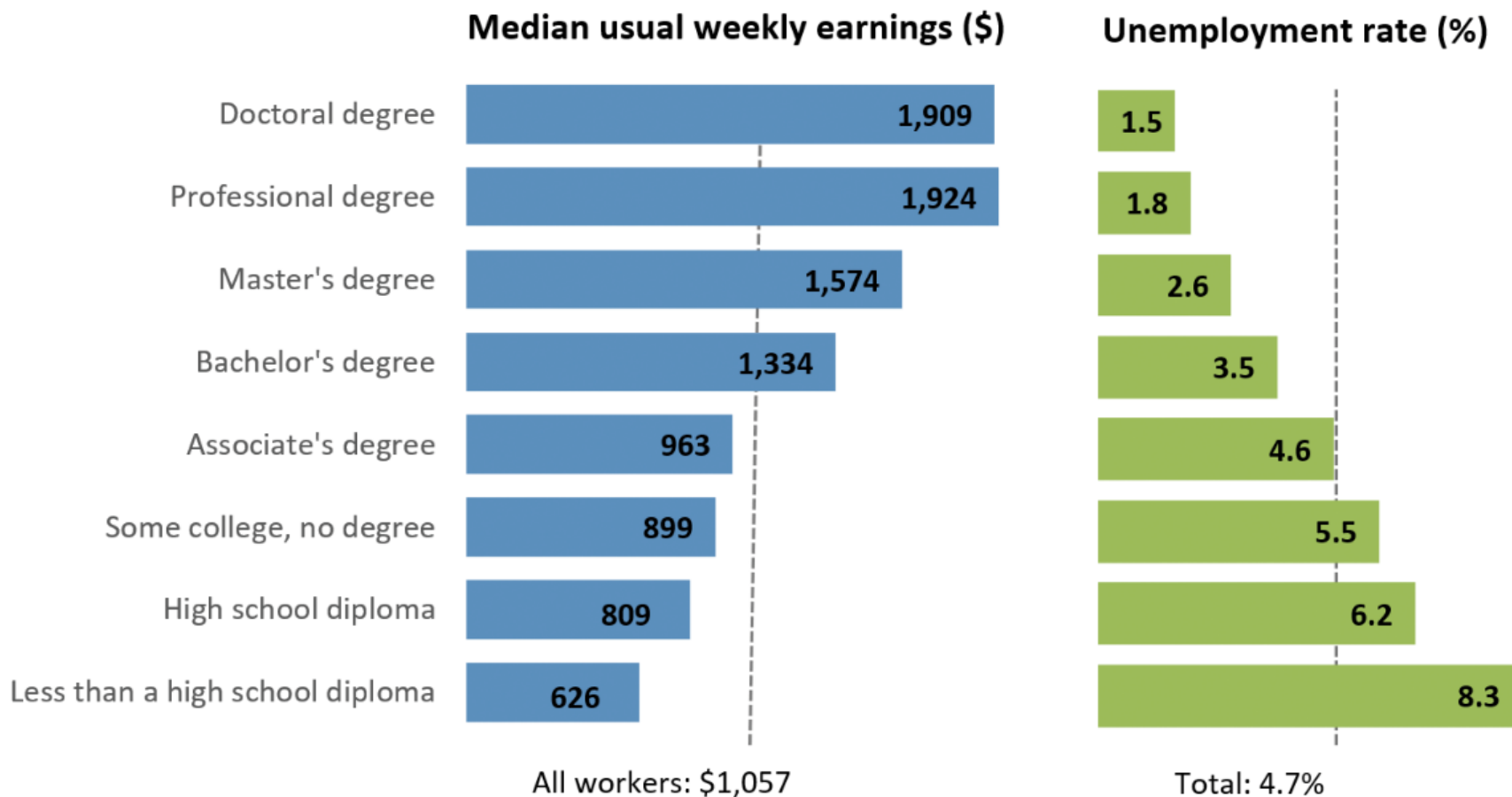
TRIO Upward Bound

Bloomsburg University

A federally-funded college prep program for students in grades 9-12



Earnings and unemployment rates by educational attainment, 2021



Note: Data are for persons age 25 and over. Earnings are for full-time wage and salary workers.

Source: U.S. Bureau of Labor Statistics, Current Population Survey.

What is Upward Bound (UB)?

- ◆ Brief description = A program that **helps eligible students in grades 9 through 12 to prepare for college**
- ◆ Funded by the U.S. Department of Education
- ◆ Academic program, but also like a second family...



What is Upward Bound?

- ◆ Nationwide program
 - ▣ Nearly 1,000 programs nationwide
 - ▣ 62,000+ students served
- ◆ BU's Upward Bound program has been around for almost 45 years.
 - ▣ Up to 92 students from eight schools participate in the program each year
 - ◆ Approximately 10-12 students per school



Who's Eligible?

- ✓ Students who are **thinking about going to college** after graduation to pursue an associates (2 year) or bachelor's (4 year) degree,

AND

- ✓ Would be the **first in their household to earn a bachelor's degree** (*not including brothers or sisters*),

AND/OR

- ✓ **Meet UB's income eligibility** (lower to middle income) requirements.

Students who meet all 3 criteria above receive the highest consideration.



UB's Target Schools...

- ◆ Berwick
- ◆ Mahanoy
- ◆ Milton
- ◆ Mount Carmel
- ◆ North Schuylkill
- ◆ Pottsville
- ◆ Shamokin
- ◆ Shikellamy



Bloom U & Upward Bound

◆ Upward Bound is sponsored by Bloomsburg University, but students are under no obligation to attend Bloomsburg or Commonwealth University.

▣ Seniors, however, are required to apply for admission.



What Does UB Cost?

- ◆ The program costs **nothing**. Even field trips and the optional summer experience (six weeks on campus) are entirely **FREE**.
- ◆ Students' time and commitment (average of **only one hour/week!**) are required.



What Does UB Provide?

- ◆ Academic advising
- ◆ Career exploration
- ◆ Study skills tips and tricks
- ◆ Motivation and encouragement
- ◆ Answers to questions
- ◆ Mentoring by college students and staff



What Does UB Provide?

- ◆ College tours
- ◆ Field trips
- ◆ Cultural and social events
- ◆ Tutoring
- ◆ Awareness of different college majors and options
- ◆ Help in figuring out how to pay for college



What Does UB Provide?

- ◆ Help with college admissions & financial aid applications
- ◆ SAT preparation & fee waivers (save \$55)
- ◆ College application fee waivers (save \$\$\$!)
- ◆ New experiences
- ◆ New friends
- ◆ Opportunities to grow socially and academically



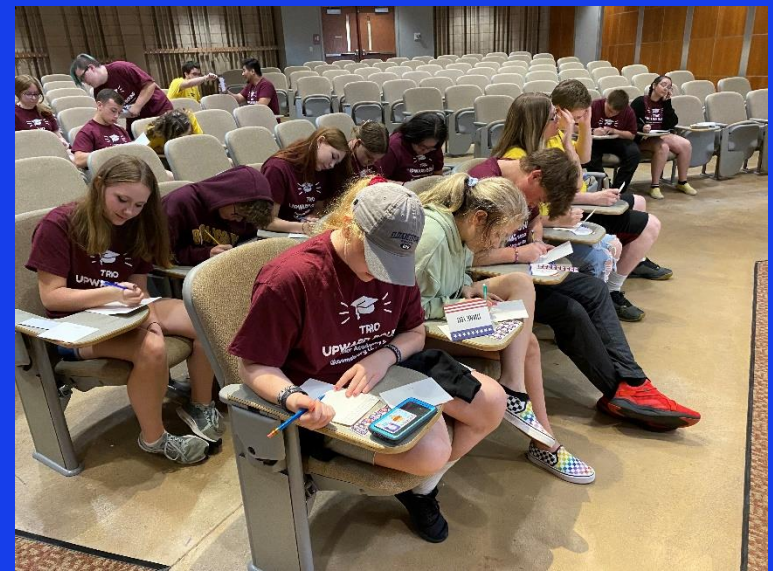
What Does UB Provide?

- ❖ Opportunities to learn more about college/degree options
- ❖ Community service opportunities & hours
- ❖ Referrals to college-based programs (TRIO Student Support Services) for continued support while in college



Also Provided by UB

- ◆ TRIO-only scholarship opportunities
- ◆ Stipends (Up to \$40/month based on attendance!)
- ◆ Something exciting and rewarding to do during the summers
- ◆ Fun!
- ◆ Memories that will last a lifetime!



During the Academic Year

- ◆ Site meetings occur one afternoon each week (**Mondays** at Berwick).
- ▣ Meetings last for one hour and are led by a UB staff member or UB's site coordinator for the school.
- ▣ (Berwick's site coordinator is **Mrs. Melito**.)
- ▣ Meeting activities vary each week.



After School (Site) Meetings

- ◆ UB's weekly after school site meetings include:
 - ▣ College planning topics
 - ▣ Team building & leadership activities
 - ▣ Stress management, wellness, and self-care topics
 - ▣ Exploring careers & college majors
 - ▣ Grade and progress checks
 - ▣ SAT practice
 - ▣ Financial literacy
 - ▣ Study skills tips & tricks
 - ▣ College application & financial aid help



You can still be involved in other after school activities or work and participate in UB! Only one hour/week is required.

During the Academic Year

- ◆ A few events are held on the campus of Bloomsburg University each year.
 - ▣ Senior Saturday (with FAFSA, college application, and scholarships help)
 - ▣ National TRIO Day
 - ▣ Summer Information Day
 - ▣ Senior Sendoff (Graduation Luncheon)
- ◆ Dates are provided far in advance for planning purposes.
- ◆ Parents/guardians are invited to many of the events.



The National College Fair

◆ Upward Bound takes all interested students and their parents or guardians to the **National College Fair** in Philadelphia each fall.

▣ This event is usually held on a Sunday in October.



The National College Fair

- ◆ Nearly 500 colleges and universities from across the country (and several other countries) are on hand to share information with students and their families.



During the Academic Year

- ◆ Students will have an opportunity to visit and tour several area college campuses during the school year.
- ◆ *Who knows? You might find your “dream college” during an Upward Bound campus visit!*



During the Summer

- ◆ Upward Bound's six week long Summer Academy is held on the Bloomsburg campus.
- ◆ UB students are encouraged to complete at least one Summer Academy before graduating to get the full pre-college experience.



UB students are encouraged to complete at least one Summer Academy before graduating from high school.

The Summer Academy

- ◆ All meals and housing costs are paid for by Upward Bound. *The entire summer experience is completely FREE for students!*
 - ▣ Students receive a \$20 cash stipend each week if they complete their work and follow the rules.
- ◆ Students go home on Friday afternoons for the weekend and return on Sunday night.



The Summer Academy

- ◆ Students live in a BU residence hall and take classes in BU classrooms.
 - ▣ Classes, especially those in math and science, give students a head start for next year = better grades and higher confidence!
- ◆ Safety and security precautions are followed at all times.



*UB students are encouraged to complete **at least one** Summer Academy before graduating from high school.*

The Summer Academy

- ◆ Weekly college visits and field trips
- ◆ Mentoring from college-aged Tutor-Mentors
- ◆ Elective classes - *Differ each summer!*
 - ▣ Some past examples: Yoga, psychology, team sports, American Sign Language, Zumba, knitting, conflict resolution, piano, money management
- ◆ Community service day



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The Summer Academy

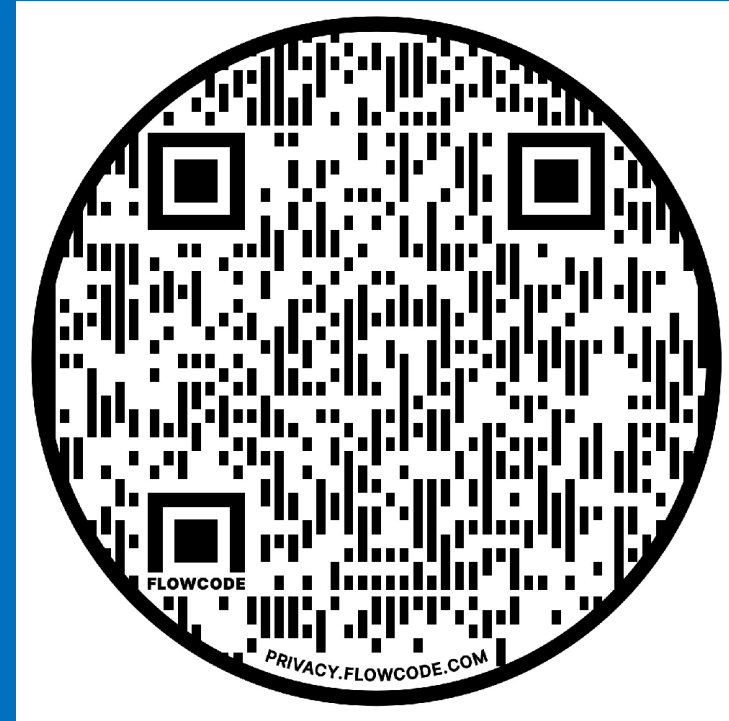
- ◆ Daily and nightly activities
- ◆ Variety show
- ◆ Tutor-Mentor group Olympics
- ◆ **Mystery trip** - *Past destinations have included Pittsburgh, Niagara Falls, Washington, D.C., New York, and Philadelphia.*
- ◆ **A Summer Information Day** is held each March for students and their families to learn more about the upcoming Summer Academy.



*UB students are encouraged to complete **at least one** Summer Academy before graduating from high school.*

How Can I Join Upward Bound?

- ◆ Apply online (scan the QR code) or using a paper application. Complete all sections, including the parent/guardian section.
- ◆ Submit your application within one week of today's presentation for highest consideration. (Late applications will be considered if spaces are available.)
- ◆ Once UB has received your application, a staff member will be in touch.
- ◆ If you or your family members have questions, please reach out to the contacts provided.



*There are two ways to apply: **paper** or **online**. Scan the QR code above for a link to the online form.*

College Knowledge Quiz

1. What type of college degree typically takes four years to earn? What degree typically takes two years to complete?
2. True or False – The grades you received while in 7th and 8th grades will be considered when you apply for admission to colleges.
3. True or False - All colleges cost the same amount.
4. True or False – Depending on which college you attend, there could be hundreds of other students in a few of your classes.
5. True or False – Some students can take college classes at a reduced cost while they are in high school.
6. True or False - To join Upward Bound, you first have to apply, either online or on paper.

Thank you!

For more information, visit

*[www.bloomu.edu/
trio-upward-bound](http://www.bloomu.edu/trio-upward-bound)*

